



**50th Nissen Cup 2018
Junior Competition
Arosa – Switzerland
6th to 7th July 2018**



DIRECTIVES

Event ID: 15733

Dear FIG affiliated Member Federation,

The Swiss Gymnastics Federation has the pleasure to invite your Federation to participate in the aforementioned official FIG International Event.

DISCIPLINE	Trampoline Gymnastics
HOST FEDERATION	SWISS GYMNASTICS FEDERATION Silvia Füglistaler Secretary of elite sport Bahnhofstrasse 38 CH- 5000 Aarau SWITZERLAND Phone: +41 62 837 82 42 E-Mail: silvia.fueglistaler@stv-fsg.ch
LOCAL ORGANIZING COMMITTEE	OK NISSEN CUP 2018 Arosa Tourism Sports and Conference Centre CH-7050 Arosa SWITZERLAND Phone: +41 81 378 70 23 Fax: +41 81 378 70 21 E-mail: marco.mazenauer@arosa.swiss Technical Contact Address: Swiss Gymnastics Federation Daniel Meier, Phone: +41 79 405 75 93 E-Mail: nissencup@swiss-trampoline.org
LOCATION	Arosa, Switzerland
DATE	From 6th to 7th July 2018
VENUE	Sports and Conference Centre Arosa 7050 Arosa, Switzerland The official training sessions and the warm up for competition take place at the sport facility within the Sports and Conference Centre Arosa
APPARATUS SUPPLIER	Trampolines: Eurotramp Ultimate 4x4 Art. 3100 ToF/Synchro/HD device: Trampoline Timing Systems (CAN) TRA15 Airtime Ref. v3
RULES AND REGULATIONS	The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives: <ul style="list-style-type: none">• Statutes• Code of Ethics• Technical Regulations• Licence rules• Code of Points and relevant Newsletters• General Judges' Rules• Specific Judges' Rules for Trampoline

	<ul style="list-style-type: none"> • Medical Organization of the Official FIG Competitions • Doping Control Rules • Media Rules • Apparatus Norms • Accreditation Rules • Regulations for Awards Ceremonies <p>and subsequent decisions of the FIG Executive Committee</p>				
FEDERATIONS INVITED	<p>The Organizing Member Federation will invite all Member Federations according to the following principles:</p> <p>Gymnasts from FIG affiliated federations and clubs from those federations. If the entries are made by a club of these federations, the acceptance for participation of the respective national federation, according to the FIG rules, is needed.</p> <p>Please note that as per FIG regulations, junior athletes must be between 13 to 17 years old (between 2001 and 2005), subject to the 17 year old not having participated in any open category (senior/adult) of World Championships, Continental Championships, and World Cup Series. Younger athletes will NOT be authorized.</p>				
AGE LIMITS	<p>TRA: Juniors 13-17 years old</p> <p>All gymnasts must have a valid FIG licence until the end of the event.</p>				
JUDGES AND JURIES	<p>Each federation/club must provide at least the following number of judges with a valid FIG brevet:</p> <p>1-10 competitors = 1 judge 11-20 competitors = 2 judges As from 21 competitors = 3 judges</p> <p>All judges must have a current valid FIG brevet at the time of the event.</p> <p>Delegations not complying with these rules are required to pay CHF 450.- upon arrival per missing judge. The judges are to be named on your nominative entry form. All judges must participate in the judges meetings. If a judge fails to participate in the judges meeting, the delegation has to pay the fine for failure to send a judge.</p>				
REGISTRATION DEADLINES	<p>Definitive and nominative registrations must be completed by entering the respective forms to the host federation and the organizing committee.</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="padding: 2px;">Definitive registration:</td> <td style="padding: 2px;">25th April 2018</td> </tr> <tr> <td style="padding: 2px;">Nominative registration</td> <td style="padding: 2px;">30th May 2018</td> </tr> </table>	Definitive registration:	25th April 2018	Nominative registration	30th May 2018
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ENTRY FEES	<p>The Entry fee for this event will be:</p> <p>Individual: CHF 48.00 per competitor Synchro: CHF 48.00 per synchro pair</p>				
ACCREDITATION	<p>Each delegation will be taken to the accreditation desk upon arrival. The following items will be checked there:</p> <ul style="list-style-type: none"> - Total payment of costs due to the OC and / or the FIG - Passports, Names and Date of Birth of the entire delegation - FIG Licence of the athletes - Insurance – every delegation member needs a valid insurance - National anthem (on CD) and national flag (150 x 100 cm) <p>Gymnasts who do not have a valid FIG Licence at accreditation shall not be allowed to compete. Should a gymnast not be able to show his/her FIG Licence at accreditation, the Organizing Committee may check on the official FIG website whether the respective gymnast has a valid license or not. If this can be verified in due time by the Organizing Committee, the gymnast may participate in the competition against</p>				

	<p>payment of a fee of CHF 20.- to the Organizing Committee.</p> <p>The accreditation badges will identifies individuals participating in the event and indicates that these individuals are permitted access. Please wear your accreditation visibly at all times.</p>
EVENT FORMAT	<p>Categories</p> <p>Trampoline Individual</p> <ul style="list-style-type: none"> • Junior Girls (International B girls between 2001 and 2005) • Junior Boys (International B boys between 2001 and 2005) <p>Trampolin Synchro</p> <ul style="list-style-type: none"> • Junior Girls (International B girls between 2001 and 2005) • Junior Boys (International B boys between 2001 and 2005)
PROVISIONAL SCHEDULE	<p>Wednesday July 4th 2018 All day Arrival of delegations and officials, accreditation 09.00 - 15.50 Free training</p> <p>Thursday July 5th 2018 All day Arrival of delegations and officials, accreditation 08.00 - 09.30 Junior free training 17.00 - 21.00 Junior free training 19.00 Junior Orientation meeting followed by drawing of lots 19.30 Junior judges meeting and draw 20:30 Welcome Reception (by invitation)</p> <p>Friday July 6th 2018 08.30 - 10.00 Junior synchro general warm up 10.00 - 11.00 Junior synchro - qualification round 20:00 - 21:00 Junior free training</p> <p>Saturday July 7th 2018 08.00 - 10.00 Junior general warming up 10.00 - 12.30 Junior individual - qualification round 12.30 - 13.00 Junior training for finalists 13.00 - 14.30 Junior finals Individual junior girls & junior boys Synchro junior girls & junior boys Junior award ceremony 19.30 Banquet</p> <p>Sunday July 8th 2018 All day Departure of delegations and officials</p> <p>The detailed schedule will be sent to you by the beginning of June 2018.</p>
EVENT MANAGER	<p>Competition Director: Daniel Meier Tel: +41 79 405 75 93 e-mail: nissencup@swiss-trampoline.org</p>
MEDICAL SERVICES	<p>Medical Service will be provided by the organizing committee during training and competitions</p>
VISA	<p>Please verify immediately with your travel agent or the Swiss Embassy or Consulate in your country if a visa is required for your travel to Switzerland. The Organizing Committee will be happy to assist each delegation member with an official invitation letter, provided that the request is made before 25th April 2018. The request must include the full name, date of birth, gender, function, passport number, passport expiry date, and the arrival and departure dates of the delegation member as well as the city the visa application letter must be sent to.</p>
INSURANCE	<p>The Host Federation, the LOC and the FIG will not be held responsible for</p>

	<p>any liabilities in case of accidents, illness, repatriation and the like.</p> <p>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p> <p>The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance.</p> <p>The LOC will subsequently offer insurance at the Federations own charge as follows: CHF 170.- per person.</p>
INTERNATIONAL TRANSPORTATION	<p>The invited participating federations/clubs must pay for the travel costs of their delegation members.</p> <p>The Travel Schedule Form must be returned to the OC by 30th May 2018.</p>
LOCAL TRANSPORTATION	<p>The organizing committee will provide organized transportation from Zurich Airport to Arosa and back to Zurich Airport. Cost per person is CHF 120.- and must be added for all team members which require transportation.</p> <p><u>Important information:</u></p> <p>Arrival day: The last organized transport from Zurich Airport train station with connection to Chur and Arosa will leave at 21:00h.</p> <p>Departure day: Please note that your flight departure should be after 11:30h. because of the train connection from Arosa*</p> <p>*early morning transfer by bus to Zurich Airport can be arranged on request (with additional costs to be paid by the requesting federation)</p> <p>How to get to Arosa:</p> <p>Please allow about 3 hours travel time from Zurich Airport to Arosa by train/car/coach.</p> <p>by train: From Zurich Airport – Intercity trains to Chur, then by Rhaetian Railway in 60 minutes to Arosa</p> <p>by car: Motorway A3 direction Sargans (A13) – Chur, than about 45 minutes drive up a winding mountain road (30 kilometres). Car Rentals at the Airport possible</p> <p>For route planning see: http://maps.google.ch</p> <p>For federations which wish to organize their own travel to Arosa please take note of the following restrictions for buses/coaches: the maximum width is 2,3m; maximum height is 4m; and the max. weight is 18 tons.</p> <p>Precise arrival and departure schedules for all team members must accompany the Nominative Entry.</p> <p>The deadline for non-reimbursement of the transportation costs is 13th June 2018.</p>
ACCOMMODATION	<p>Accommodation is offered in hotels and a low cost option “Backpackers”. Only a limited number of single and triple rooms are available. Reservations are made on first come first served basis. The Organizing Committee is reserving the right to change reservations into other room compositions, in which case the relevant Club/Federation will be informed. They will have to pay the additional costs.</p> <p>Important note: For lodging at the same hotels as the World Cup Competitors, the hotel prices are valid as announced in the “Directives” for the 2018 FIG World Cup Competition in Arosa. Please do not hesitate to</p>

	<p>contact the organizing committee in case of any questions.</p> <p>Accommodation prices include local public transport in Arosa, hotel, breakfast and dinner (“Backpackers” Option: no dinner included). The meals will be served at the respective hotel.</p> <p><u>3 Star Hotel (Option 1)</u> The costs per room/night in this hotel are as follows: CHF 160.00 single room (including breakfast, dinner and banquet) CHF 276.00 double room (including breakfast, dinner and banquet) CHF 384.00 triple room (including breakfast, dinner and banquet)</p> <p><u>2 Star Hotel (Option 2)</u> The costs per room/night in this hotel are as follows: CHF 135.00 single room (including breakfast, dinner and banquet) CHF 236.00 double room (including breakfast, dinner and banquet) Please note: only a limited number of rooms are available</p> <p><u>Low Cost Option “Backpackers”</u> Only a limited number of beds are available. The costs per person/night in this option are as follows: CHF 63.00 per person/night in double, triple and quadruple rooms (including breakfast only). All rooms are with shared bathrooms.</p> <p>All reservations must be made with the enclosed booking forms.</p> <p>The prices charged for the hotel rooms will not exceed the usual hotel rates. While the Accommodation Form must be returned to the LOC by 30th May 2018 at the very latest, the Hotel rooms will be allocated on a “first come, first serve” basis.</p> <p>The invited participating federations/clubs must pay for the accommodation expenses of their delegation members.</p> <p>The costs for the accommodations must be paid to the LOC by 30th May 2018</p> <p>The accommodation is only refundable, provided cancellations are made at least prior to 13th June 2018.</p>
MEALS	<p>The above mentioned accommodation prices include breakfast, dinner and banquet.</p> <p>The “low cost hotel” option only includes breakfast (dinner and banquet can be ordered on special request to the OC).</p> <p>Additional meals (lunch) can be ordered for CHF 20.- with the entry forms or can be bought at the accreditation desk after arrival.</p> <p>The Meals Form must be returned to the LOC by 30th May 2018 at the very latest and the costs for the meals must be paid to the LOC by 30th May 2018.</p> <p>The invited participating federations/clubs must pay for the meals expenses of their delegation members.</p> <p>The deadline for non-reimbursement of accommodation, meals and banquet, is 13th June 2018</p>
CANCELLATION POLICY	<p>The entry fee is not refundable.</p> <p>The accommodation is only fully refundable, provided cancellations are made at the very latest until 13th June 2018.</p> <p>Late entries and entries without payment of entry fee and accommodation will not be accepted.</p>
FINAL BANQUET	<p>On Saturday 7th July 2018 at 19:30h a banquet will be organized. Additional tickets for the banquet can be ordered for CHF 30.00 with the entry forms.</p>

	Please note: In accommodation option 1 + 2 the banquet is already included. The tickets of the Final Banquet must be paid to the LOC by 30th May 2018																								
BANK ACCOUNT INFORMATION	<p>At the time of the nominative entry (30th May 2018) 100% of the accommodation costs and 100% of the entry fee must be paid to this bank account:</p> <p>Payment in CHF only</p> <p>Graubündner Kantonalbank, CH-7050 Arosa SWIFT-Code: GRKBCH 2270A IBAN: CH53 0077 4210 1941 6900 0</p> <p>Please integrate the payment's purpose as follows: "Nissen Cup Juniors, NAME of participating federation or club"</p> <p>The participating federation is responsible for covering all bank fees in connection with the bank transfers.</p>																								
MARKETING	FIG advertising and publicity norms must be respected																								
MEDIA	Local Press Officer: Marion Schmitz, Email: marion.schmitz@arosa.swiss																								
SOCIAL MEDIA	Facebook: https://www.facebook.com/NissenCup/																								
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Sincerely Yours,

Aarau, 15th February 2018



Signature of the President or
 Secretary General of the
 FIG affiliated NF