

47th International Trampoline Friendship Cup 2019 (Olympic Hopefuls Competition)



W O R K P L A N

v.08.10.2019



1. Competition Venue

City Sports Hall Jablonec nad Nisou, U Přeřady 4747/20, 466 02 Jablonec nad Nisou, Czech Republic, Tel. (+ 420) 483 368 740, website : www.sportjablonec.cz

2. Accommodation

Hotel Břízky***+, Průběžná 22, 466 04 Jablonec nad Nisou, Czech Republic

Tel.: (+420) 483 737 240, e-mail: hotel@brizky.cz, Website: www.brizky.cz

Hotel Merkur ***, Anenské náměstí 8, 466 01 Jablonec nad Nisou, Czech Republic

Tel.: (+420) 483 312 741, e-mail: recepce@hotelmerkur.cz, Website: www.hotelmerkur.cz

Hotel Sport ***, U Stadionu 9, 466 01 Jablonec nad Nisou, Czech Republic

Tel.: (+420) 483 312 270, e-mail: info@hotelsportjablonec.cz, www.hotelsportjablonec.cz

Student hostel SOŠ, Smetanova 66, 466 01 Jablonec nad Nisou, Czech Republic

Entrance from Pod Skalkou street, Tel.: (+420) 483 443 111

Dedicated shuttle / bus service between the hotels Sport, Merkur and Břízky and Sports Hall will operate on Thursday 10 October 2019, Friday 11 October 2019 and on Saturday 12 October 2019 (see the timetable in the separate paragraph). For Accommodation Packages A & B only.

3. Accreditation

The Accreditation Office will be open on Thursday 10 October 2019 in :

- Sports Hall Jablonec nad Nisou, U Přeřady 4747/20, Jablonec nad Nisou 15.00-20.30
 - Hotel Merkur ***, Anenské náměstí 8, Jablonec nad Nisou 21.00 and later
- Friday 11 October 2019 09.00-10.30

5. FIG licences and brevets

All senior & junior 15-16 gymnasts & gymnasts competing in senior or junior synchro category must have a valid FIG licence until the end of the event.

In Age Groups category (11-12, 13-14), if the gymnasts doesn't have FIG licence, the HoD could be requested to prove the age of respective gymnast(s) during the accreditation (e.g. by national licence, passport, personal ID, insurance, etc.).

6. Insurance

The Organising Committee, the Czech Gymnastic Federation and the FIG can not be held responsible for any liabilities in the case of accidents, illness and the like. Therefore, all competitors and officials must make their own arrangements for an appropriate insurance (health, accident, etc.). The Insurance has to be presented during the Accreditation.

7. Information Meeting

Brief Information Meeting will be organised for the Heads of Delegations + max. 1 other official per delegation in the Sports Hall (meeting room) on Friday 11 October 2019 at 10.30 hrs.

8. Dinner Party

The Dinner Party and Disco will take place on Saturday, 12 October 2019 at 20:30-02:00 hours in Hotel Praha, Komenského 446/6, 466 01 Jablonec nad Nisou, Czech Republic (www.hotel-praha-jbc.cz). Casual clothing accepted.

Dinner Party and Disco is included into the accommodation Packages A, B & C. The participants will receive two tickets for soft drink, wine, beer or coffee. **The consumption of alcoholic beverages is prohibited until 18 years of age by the Czech law.**

9. Meals (Package A & B & pre-ordered only)

Dinner on Thursday 10 October 2019	19.30-22.00	Hotels Břízky and Merkur
	20.00-21.30	Hotel Sport
Lunch on Friday 11 October 2019	11.00-15.00	Sports Hall restaurant
Dinner on Friday 11 October 2019	19.00-21.00	Hotels Břízky and Merkur
	19.30-21.00	Hotel Sport
Lunch on Saturday 12 October 2019	11.00-15.00	Sports Hall restaurant

Dinner and Lunch tickets are obligatory.

10. Equipment

6x Eurotramp Ultimate Trampolines with 4x4 mm beds kindly provided by Eurotramp

- Trampolines 1&2 : for AG 11-12 male & junior + senior female individual & synchro
- Trampolines 3&4 : for AG 11-12 female & junior + senior male individual & synchro
- Trampolines 5&6 : for AG 13-14 male & female individual & synchro

3x Eurotramp HDTS Measurement Devices (Horizontal Displacement, Time and Synchro) kindly provided by Eurotramp.

11. Training Schedule and General Warm-up

Thursday 10 October 2019

15.00 - 21.00 - free training (Individuals & Synchro)

Friday 11 October 2019

09.00 - 12.50 - General Warm-up Competition Groups 1-4 (Individuals only)

09.00-10.55 competition groups 1-2

10.55-12.50 competition groups 3-4

16.10 - 16.35 - General Warm-up Competition Groups 5-6 (Synchro)

17.30 - 20.30 - free training (Individuals & Synchro)

Saturday 12 October 2019

08.30 - 10.50 - General Warm-up Competition Groups 7-9 (Individuals only)

13.15 - 13.40 - General Warm-up Competition Groups 10 (Synchro)

14.15 - 15.20 - General Warm-up Finalists

12. Judges

All participating delegations have to provide 1 judge for 1-10 gymnasts, 2 judges for 11-20 gymnasts, etc. Higher entry fee (EUR 45,- per gymnast) will be applied to delegations with more than two (2) gymnasts for the number of gymnasts / pairs with missing judge.

All judges must have a current valid FIG brevet in the respective discipline. National judges with highest national category may be also accepted to judge in the Age Group categories only. The LOC may require the proof of the national judging brevet at the accreditation.

Judges panels will be published at the Information meeting on Friday 11 October 2019 at 10.30 at the latest. The CJP's are invited to practice with the HDTS measurement system in advance.

Judges Trial scoring will be organised on Friday 11 October 2019 at 12.30-12.45 hrs. All judges are requested to participate in the trials.

13. Competition Cards and Athletes' Profiles

The competition cards and Athletes' Profiles have to be handed over in the Sports Hall (Competition Secretary desk) on Thursday 11 October 2019 until 20.30 hrs.

14. Competition Schedule

Friday 11 October 2019

13.00 - 16.10 Qualifying Round Ind **Trampolines 1&2** **Trampolines 3&4** **Trampolines 5&6**

13.00 - 13.45	Gr.1	Ind Boys 11-12 (1) 12	Ind Girls 11-12 (1) 10	Ind Girls 13-14 (1) 11
13.45 - 14.30	Gr.2	Ind Junior Girls (1) 10	Ind Girls 11-12 (2) 9	Ind Girls 13-14 (2) 10
14.30 - 15.20	Gr.3	Ind Junior Girls (2) 10	Ind Junior Boys (1) 14	Ind Girls 13-14 (3) 10
15.20 - 16.10	Gr.4	Ind Junior Girls (3) 9	Ind Junior Boys (1) 13	Ind Girls 13-14 (4) 10

16.40 - 17.30 Qualifying Round Syn **Trampolines 1&2** **Trampolines 3&4** **Trampolines 5&6**

16.40 - 17.05	Gr.5	Syn Junior Girls (1) 5	Syn Girls 11-12 (1) 3	Syn Girls 13-14 (1) 6
17.05 - 17.30	Gr.6	Syn Junior Girls (2) 6	Syn Junior Boys (1) 7	Syn Girls 13-14 (2) 5

Saturday 12 October 2019

11.00 - 13.15 Qualifying Round Ind **Trampolines 1&2** **Trampolines 3&4** **Trampolines 5&6**

11.00 - 11.45	Gr.7	Ind Sen Women (1) 9	Ind Sen Men (1) 9	Ind Boys 13-14 (1) 11
11.45 - 12.30	Gr.8	Ind Sen Women (2) 9	Ind Sen Men (2) 8	Ind Boys 13-14 (2) 11
12.30 - 13.15	Gr.9		Ind Sen Men (3) 8	Ind Boys 13-14 (3) 11

13.45 - 14.15 Qualifying Round Syn **Trampolines 1&2** **Trampolines 3&4** **Trampolines 5&6**

13.45 - 14.15	Gr.10	Syn Sen Women (1) 5	Syn Sen Men (1) 6	Syn Boys 13-14 (1) 12
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15.30 - 18.05 Finals **Trampolines 1&2** **Trampolines 3&4** **Trampolines 5&6**

15.30 - 15.35		<i>Opening ceremony (track suit)</i>		
15.35 - 16.05	Gr.1	Ind Boys 11-12	Ind Girls 11-12	Ind Girls 13-14
16.05 - 16.35	Gr.2	Ind Junior Girls	Ind Junior Boys	Ind Boys 13-14
16.35 - 16.55	Gr.3	Ind Senior Girls	Ind Sen Men	
16.55 - 17.15	Gr.4		Syn Girls 11-12	Syn Girls 13-14
17.15 - 17.45	Gr.5	Syn Junior Girls	Syn Junior Boys	Syn Boys 13-14
17.45 - 18.05	Gr.6	Syn Senior Women	Syn Senior Men	

18.05 - 18.30 Winner ceremony (*track suit, medalists only*)

18.05 - 18.08	1	Ind Girls 11-12	/	Ind Boys 11-12
18.08 - 18.11	2	Ind Girls 13-14	/	Ind Boys 13-14
18.11 - 18.14	3	Ind Junior Girls	/	Ind Junior Boys
18.14 - 18.17	4	Ind Senior Women	/	Ind Senior Men
18.17 - 18.20	5	Syn Girls 11-12	/	
18.20 - 18.23	6	Syn Girls 13-14	/	Syn Boys 13-14
18.23 - 18.26	7	Syn Junior Girls	/	Syn Junior Boys
18.26 - 18.30	8	Syn Senior Women	/	Syn Senior Men

One max. 30 seconds warm-up per competitor / pair prior Qualifying Round and prior Finals. The times can subject to changes according the course of competition.

15. Starting order

The starting order is decided by draw provided by scoring program. The starting order will published in separate document, the final starting order will be available after the accreditation Sporttech scoring system website (<https://sporttech.io>).

(<https://sporttech.io/events/f4747e19-f581-46b5-42c2-84d709205c60/ovs/event/TRA>)

16. Competition Rules

Valid FIG Trampoline Code of Points including Time of Flight & Horizontal Displacement, FIG tie-break rules for Qualifying Round and FIG requirements for first routine(s) will be applied.

Eight (8) finalists (6 finalists if 7-8 participants, 4 finalists if 5-6 participants, 3 finalists if 3-4 participants in category). In addition, the host CZE federation is allowed one gymnast / pair in any competition / category in case if it is not represented at respective final.

Finals will start from zero, FIG tie-break rules will be applied.

First routines :

- Seniors : requirements for first routine for FIG events (FIG A)
- Juniors : requirements for first routine for FIG events (FIG B)
- AG Individuals : requirements for first routine for WAGC (FIG 11-12, 13-14)
- AG Synchro : no first routine in synchro.

Difficulty limit per element in junior and Age Group categories as per valid FIG Code of Points and FIG WAGC Rules.

Senior & junior gymnasts cannot participate in the Age Group competition.

Age Groups individual gymnasts cannot participate in the individual Senior or Junior competition. The synchro pair composed from 2 AG individual competitors cannot compete in Junior / Senior Synchro category.

In synchronised competition, the age of the older gymnast determines the age category in which the pair must enter.

17. Ceremonies

The participants of Opening Ceremony (2 participants per delegation, preferably male & female) and the participants of Winners Ceremony (medalists only) are asked to wear the **national / team track suit**.

All countries participating in the Opening Ceremony are asked to appoint one flag-bearer.

Judges are asked to take part in the Opening Ceremony (on their judges seats) as well.

The participants are asked to assemble in the Assembly Area prior Opening / Winner Ceremony.

18. Competition March-In

The competitors are asked to assemble in the assembly area prior each Competition March In. They have to march-in in the competition attire.

The judges are asked to be on their panel places and welcome the competitors during each Competition March-In.

19. Floor Managers

Floor Managers are appointed to assemble the participants / competitors / pairs, organise the opening ceremony, competition and winner ceremony March-In and organise the competitors / pairs in the competition area and during the competition.

20. Medical Care

The physician will be present during the official training and competition.

21. Information delivery

All necessary information will be provided electronically to the delegations. The delegations are asked to provide the respective on-site phone number and email address to the LOC during the accreditation.

The running results will be available on the Sportech scoring system website (<https://sportech.io>). (<https://sportech.io/events/f4747e19-f581-46b5-42c2-84d709205c60/ovs/event/TRA>)

23. General Program

Thursday 10 October 2019			
	all day	Arrivals	
	15.00-21.00	Free Training Ind & Syn	Sports Hall
	15.00-20.30	Accreditation	Sports Hall
	-20.30	Competition cards, Profiles	Sports Hall
	21.30-	Accreditation (late arrivals)	Hotel Merkur
	19.30-22.00 20.00-21.30	Dinner	Hotel Břízky, Hotel Merkur Hotel Sport
Friday 11 October 2019			
	07.00-09.00 07.30-09.00	Breakfast	Hotel Břízky, Hotel Merkur Hotel Sport
	09.00-10.30	Accreditation	Sports Hall
	09.00-12.50	Gen.Warm-up Ind (11-12, 13-14 girls, Jun) 09.00-10.55 competition groups no. 1-2 10.55-12.50 competition groups no. 3-4	Sports Hall (41, 46, 41)
	10.30	Information meeting for delegations	Sports Hall meeting room
	11.00-15.00	Lunch	Sports Hall (with lunch ticket)
	12.30-12.45	Judges Trial Scoring	Sports Hall judges' podium
	13.00-17.30	Qualification (11-12, 13-14 girls, Jun) 13.00-16.10 Qualification Ind 16.10-16.35 General Warm-up Syn (11, 10, 10) 16.40-17.30 Qualification Syn	Sports Hall
	17.30-20.30	Free Training Ind & Syn	Sports Hall
	19.00-21.00 19.30-21.00	Dinner	Hotel Břízky, Hotel Merkur Hotel Sport
Saturday 12 October 2019			
	07.00-09.00 07.30-09.00	Brekfast	Hotel Břízky, Hotel Merkur Hotel Sport
	08.30-10.50	Gen.Warm-up (13-14 boys, Sen)	Sports Hall (18, 25, 33)
	11.00-15.00	Lunch	Sports Hall (with lunch ticket)
	11.00-14.15	Qualification (13-14 boys, Sen) 11.00-13.15 Qualification Ind 13.15-13.40 General Warm-up Syn (5, 6, 12) 13.45-14.15 Qualification Syn	Sports Hall
	14.15-15.20	General Warm-up (Finalists)	Sports Hall
	15.30-18.30	Opening Ceremony, Finals, Awards	Sports Hall
	20.30-02.00	Dinner Party & Disco	Hotel Praha
Sunday 13 October 2019			
	07.00-10.00 07.30-09.00	Breakfast	Hotel Břízky, Hotel Merkur Hotel Sport
	all day	Departures	

24. TV coverage, technical videos and results

Czech TV will broadcast the highlights from the competitions on Saturday 12 October 2019. The premiere broadcasting will be presented on Thursday 17 October 201 at 16.05-16.45 hrs and repeated on Friday 18 October 2019 at 13.45-14.25 hrs and on Sunday 20 October 2019 at 06.30-06.50 hrs at the ČT4 Sports Canal. The video will be available on the Czech TV website after the broadcasting.

(<https://www.ceskatelevize.cz/porady/10162155147-gymnastika/219471291104002-mezinarodni-zavod-pratelstvi>).

The finalists will be asked to provide the information about the face direction of their final routine start for the TV.

The results will be available on the Czech Gymnastics Federation website after the event (<http://www.gymfed.cz/kalendar/detail/1477>).

25. Event T-shirts

The Friendship Cup 2019 T-Shirts will be handed out to all those who have sent their order with the Definitive Entry. Limited number of the T-shirts can be bought á EUR 10,- (CZK 250,-).

26. Organising Committee Message

The Czech Gymnastics Federation, Organising Committee and all supporters and organisers are wishing the success to all participating delegations in the competition and pleasant stay in the city of Jablonec nad Nisou and in the Czech Republic.

27. Organising Committee Emergency Number .

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